



# Miracles

Join us at Woodleaf Conference Grounds with speaker

**Toni Horvath**

Women's Retreat 2010  
April 30, May 1 & 2

*He performs wonders that  
cannot be fathomed,  
miracles that cannot be  
counted.*  
Job 5:9



Toni has been married to Skip for 26 years and is the mother of two adult daughters. She is a licensed Marriage and Family Therapist in private practice in Sacramento and Fair Oaks. Toni oversees the Lay Ministry Program, Paracletes, and the Counseling Center at Fair Oaks Presbyterian Church. She has served as an elder on the Youth and Singles Commissions; has been a featured speaker to singles, families and youth, and has led Bible studies. Toni is a frequent seminar/retreat leader throughout California, combining wit, storytelling and her deep spiritual convictions in her presentations on a variety of topics. Like many who have listened to Toni before, we believe you will experience tears of laughter, joy, and a deeper understanding of Christ's love through her speaking.

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## Worship with no man's band

The "no man's band" began in 1997 with the band leading worship at a women's retreat. The band consists of Nancy Heath, lead vocals and guitar, Jill Hannon, drums and guitar, Laura Volinsky, keys and vocals, and Sandi Padilla on bass guitar.

Each band member brings unique gifts to the group so that together they form a diverse ministry team. They consider themselves a ministry team because they not only have a passion for music and worship, but also a desire to share their stories of God working in their lives. It is the power of God that has touched each band member, changed them, healed them, carried them, and called them. Called them to not only sing praises, but to tell others about the Lord Jesus.

## Accommodations

**Standard Accommodations** \$130 if paid in full by April 5; \$150 if paid between April 6 and April 27.

Standard accommodations are cabins housing 10-14 women on bunk beds. You must bring your own towels and bedding. \$25 non-refundable deposit is required at the time of registration to reserve your spot for standard accommodations

**Deluxe Accommodations** \$175 – must be paid in full at the time of registration

There are a limited number of deluxe accommodations. These are hotel quality rooms with semi-private baths. You must bring your own bedding and towels.

### Cancellation Policy

Please contact Karen Naab, 967-4784, ext. 831, or Mindy Perry, 967-4784, ext. 875, to cancel. Refunds will be made for cancellations made prior to April 18, less a \$30 processing fee. No refunds will be given to those who cancel after April 19.

## 2 WAYS TO REGISTER

- At the Women's Retreat registration table on Sundays (Mar. 7-Apr. 25, except Easter) between and after services at FOPC in Caffé Presse. You can also drop off your registration form in the church office during the week.
- By mail – must be received by April 5 to qualify for the lower registration price. Brochures available in the church office, Sundays at the registration table, and a registration form is online at [www.fopc.org](http://www.fopc.org)

## Packing List

Sleeping bag and pillow or bed linens

Warm coat, casual clothes (prepare for warm and cold weather)

Comfortable walking shoes

Toiletries

Towel and wash cloth

Bible and pen

### Optional

Food for special dietary needs

Small flashlight (extra batteries)

Lawn chair to use in the cabin

Snacks to share with cabin mates

Bug repellent

Earplugs

Umbrella

## Directions to Woodleaf

[www.younglife.org](http://www.younglife.org)

### From Sacramento/Roseville

- Follow Hwy 70 or 65 to Marysville
- In downtown Marysville, follow signs to Hwy 20/Grass Valley
- Turn right on 9th Street (by Carl's Jr)
- Left on B Street (by the lake)
- Right on 12th (which is Hwy 20)
- Take Hwy 20 east (towards Grass Valley) for 11.5 miles
- Left on Yuba Co. Road E21 (toward Browns Valley & Challenge) - there is a gas station on the Northeast corner. Woodleaf is up the road about 26 miles.

**Woodleaf is 4 miles past Challenge** on the left

(.25 miles past the green county Woodleaf sign)

**Late Arrivals:** If you are arriving after 7 PM Friday night, please drive directly to Town Hall to check in. (Turn left onto the dirt road just beyond the Woodleaf buildings.)

## Saturday Afternoon (Free Time) Activities

- Read
- Have a quiet time
- Relax or take a nap
- Shop at the gift store
- Bring a game to play with friends
- Visit with friends at the Gold Cup coffee bar
- Have a treat at the Sugar Barrel (ice cream parlor)
- Catch & Release Fishing (bring your own equipment)

– OR –

## Optional Saturday Afternoon Seminars

1:30-2:30 PM

You may choose a seminar by indicating a first and second choice on the registration form.

### Listen and Learn

1. **Down Through the Ceiling** with Dee Aspin. A dream, a vision, a calling. Everyone has one. Whether your dream is hibernating or blossoming, God has planted desires in every heart in every generation for eternal significance. Using stories and interacting together you will discover ways to realize, define and develop your dream.
2. **A Little Love Can Work Miracles** with Elva Anson. Come to this class and figure out your love quotient. How loving are you and what can you do to increase your ability to love? The miracles will follow. Before the retreat try to find time to check class leader Elva Anson's blog at: [www.soulmatetips.blogspot.com](http://www.soulmatetips.blogspot.com) and website at: <http://familyfirstbooks.com>
3. **What is Worship and What Do You Worship?** with Marlene Shirley. Have you ever wondered what worship really is? Do you believe it's just for Sunday mornings? Let's explore together what it means to worship, and the God whom we worship.

### Craft Projects

4. **Mini Scrapbook** with Rene Robertson. Make this cute album and fill it with 8-10 pictures that you bring with you or take some at retreat and add the pictures when you get home.
5. **Tile Decorating** with Kathy Curtis and Carol Stiver. Decorate a tile to use as a trivet or coaster.
6. **Dipping Berries** with Shari Fitzpatrick. Limited to 20. This is Shari's fun and delicious chocolate dipped strawberry class. If you have taken the class before,

please let new timers sign up. (You can be put on a waiting list, if you like).

7. **Button Bracelets** with Rachel McQuade. Just as the Lord took something ordinary and turned it into a beautiful butterfly, join us as we take an ordinary button and turn it into a colorful and fun bracelet for yourself or someone you care about. If you would like, please bring colorful buttons to share. All supplies will be provided for one bracelet. Class size 20.

### Get Active

8. **TAE-BO** with Terri Kim. Enjoy some aerobic exercise with one of the first "cardio-boxing" programs using the motions of martial arts at a rapid pace designed to promote fitness. Bring some comfortable clothes and tennis shoes.

### Get Pampered

9. **10 minute massages.** Fee \$10. Get pampered with a 10 minute relaxing chair massage. Payment in advance reserves your spot.

### Drop in Sessions anytime, unlimited

10. **Encourage Our Troops:** Write to service personnel from FOPC and other churches with words of greeting and encouragement. Write one or more letters to show our troops how much we care.
11. **Prayer Room:** Need a quiet place to get away? Read your Bible, pray, write in your journal and ponder what God is saying to you. Please respect the space and quiet needs of others. If you want to pray with another, please step outside.

## Notes:

**Check-in at Woodleaf:** Cabin leaders may check-in at 4:00 PM. Campers will not be checked in until 4:30 PM, as the cabins will not be ready for us. If you arrive early, please feel free to enjoy the patio at the rear of the dining hall. Dinner will be served at 6:30 PM on Friday.

**Financial Assistance:** Please contact Karen Naab, 967-4784, ext. 831, or Mindy Perry, 967-4784, ext. 875, to request a scholarship application.

**Nursing Babies,** six months or younger, are welcome to attend with their mom. Just a reminder – no babies can be in the main lecture hall so we have set aside a special room during the speaker session just for you and your baby. We ask that you respect this request. Thank you.

**Saturday Night Dinner Theme:** This year we are having more worship on Friday night and our fun skit will be on Saturday night. Get ready to laugh. We will still have the optional Saturday night dress-up with the THINK PINK theme. Participation is optional. Use your imagination to come up with some outfit, hat, etc. that incorporates pink.

**Special Dietary needs** cannot be accommodated although we will request that meat be left out of dishes for vegetarians.

**A Word of Caution:** Woodleaf Conference Grounds is a beautiful retreat center in the foothills at an elevation of 3,300 feet. The terrain is hilly and a considerable amount of walking is required to get to the meeting, eating, and sleeping areas.

The Woodleaf cabins accommodate a limited number of people with mobility issues and Woodleaf has only one golf cart available that we can use to transport ladies with walking problems.

While there will be a nurse retreating with us, there is no physician at Woodleaf. In an emergency we will call 911. Please consider carefully whether your health issues are conducive to these conditions. Only you can make that decision. We want you to be able to enjoy your time at Woodleaf.

